



ANNA SJÖSTRÖM
STEFAN LÖFVINGS VÄG 3
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47 years old. Married with two children. Teacher, writer and prevention specialist. Lives in the Stockholm archipelago.

Education

2016	Certified A-CRA therapist CRA-training CRAFT-training	Bob Meyers & Associates Learning transfer Coaching & Motivation Scandinavia AB
2016	Motivational Interviewing Refresher training	Karolinska Institutet
2015	Certified SUDDS-interviewer	Dahl & Dahl
2014	Certified Recovery Coach	Road to Recovery
2012-2013	Web administration (ModX) and "Writing for the webb"	Din Webbstrateg
2010	10-day Mindfulness Teacher Training Introduction (TTi) with Vidyamala Burch and Sona Fricker	Breathworks
2010	Certified PRIME For Life coder	Prevention Research Institute
2010	Introduction to CBT	MID Sweden University
2007	Introduction to InDesign	Roda utbildning
2006	Motivational Interviewing training with Stephen Rollnick	KBT i Utveckling
2000	Certified PRIME For Life trainer	Prevention Research Institute
1997-1998	Master Education (not completed)	City University Stockholm
1991-1995	Degree of Bachelor of Education (BEd)	University of Stockholm
1990	Journalism Training Program	Poppius School of Journalism

Work experience

2014-	Scandinavian Representative for Castle Craig Hospital
2014-	Recovery coach and therapist, self-employed

2014- Freelance writer, Prevention specialist and Lecturer, self-employed
2012-2014 Director of Marketing & Training and webmaster, Selfhelpkliniken.
2009-2011 Manager of training, quality-assurance, method development and PRIME For Life operations in Sweden, Nämndemansgården.
2008-2009 Training consultant. Freelance.
2005-2008 Manager of the PRIME For Life-operations in Sweden, European Drugtesting Service, EDTS.
2002-2005 Manager of the Swedish branch of Prevention Research Institute, PRI.
1998-2002 Manager of the Swedish Armed Forces drug-prevention program, The Swedish Armed Forces.
1996-1997 Project Manager Soldiers against Drugs, The Swedish Armed Forces.
1990-1991 Editor of the Journal Narkotikafrågan, and Organizational Secretary at the Swedish NGO Riksförbundet Narkotikafritt Samhälle, RNS

NGO affiliations

2013- Member of the Advisory Board for the Digital Market Coordination Education at Nässjö akademi
2007- Member of the board, The Swedish Carnegie Institute
1997-1998 Member of the board, The National Parent Against Drugs Organization
1989-1991 Co-founder and member of the board EURAD (Europe Against Drugs)
1984- Active member of the Local Parent Against Drugs Organization

Additional information

I have been in the addiction field for thirty years and worked mostly with communication, therapeutic education and out-patient treatment. I also have a long-standing affiliation with different European NGO's in the field.

Experienced user of Microsoft Office, Word and InDesign.

Languages; Swedish as mother tongue. Fluent in oral and written English.

I have worked with translation and cultural adaption of American drug prevention methods since the early 90's. My experience with method development, quality-assurance and resarch issues also dates back to the same time period.

Author of two books. **Män, muskler och ideal** was one of the first textbooks on doping agents in Sweden and was published by the National Institute on Public Health in 1993. It sold over 30,000 copies. The second book **Promille-drick smartare** is a self-help book for risk-consumers of alcohol, and was published in August, 2014.

References

Per-Ola Thornell, former supervisor at Nämndemansgården.

Tom Frostman, former Director of International Operations, Prevention Research Institute, PRI.

Carina Bång, Coaching & Motivation Scandinavia AB

Relevant certificates and additional references on request.