



ANNA SJÖSTRÖM
STEFAN LÖFVINGS VÄG 3
185 41 VAXHOLM
SWEDEN
+46-76-768 36 20

47 years old. Married with two children. Teacher, writer and prevention specialist. Lives in the Stockholm archipelago.

Education

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| 2016 | Certified A-CRA therapist CRA-training CRAFT-training | Bob Meyers & Associates Learning transfer Coaching & Motivation Scandinavia AB |
| 2016 | Motivational Interviewing Refresher training | Karolinska Institutet |
| 2015 | Certified SUDDS-interviewer | Dahl & Dahl |
| 2014 | Certified Recovery Coach | Road to Recovery |
| 2012-2013 | Web administration (ModX) and "Writing for the webb" | Din Webbstrateg |
| 2010 | 10-day Mindfulness Teacher Training Introduction (TTi) with Vidyamala Burch and Sona Fricker | Breathworks |
| 2010 | Certified PRIME For Life coder | Prevention Research Institute |
| 2010 | Introduction to CBT | MID Sweden University |
| 2007 | Introduction to InDesign | Roda utbildning |
| 2006 | Motivational Interviewing training with Stephen Rollnick | KBT i Utveckling |
| 2000 | Certified PRIME For Life trainer | Prevention Research Institute |
| 1997-1998 | Master Education (not completed) | City University Stockholm |
| 1991-1995 | Degree of Bachelor of Education (BEEd) | University of Stockholm |
| 1990 | Journalism Training Program | Poppius School of Journalism |

Work experience

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| 2014- | Scandinavian Representative for Castle Craig Hospital |
| 2014- | Recovery coach and therapist, self-employed |

2014- Freelance writer, Prevention specialist and Lecturer, self-employed
2012-2014 Director of Marketing & Training and webmaster, Selfhelpkliniken.
2009-2011 Manager of training, quality-assurance, method development and PRIME For Life operations in Sweden, Nämndemansgården.
2008-2009 Training consultant. Freelance.
2005-2008 Manager of the PRIME For Life-operations in Sweden, European Drugtesting Service, EDTS.
2002-2005 Manager of the Swedish branch of Prevention Research Institute, PRI.
1998-2002 Manager of the Swedish Armed Forces drug-prevention program, The Swedish Armed Forces.
1996-1997 Project Manager Soldiers against Drugs, The Swedish Armed Forces.
1990-1991 Editor of the Journal Narkotikafrågan, and Organizational Secretary at the Swedish NGO Riksförbundet Narkotikafritt Samhälle, RNS

NGO affiliations

2013- Member of the Advisory Board for the Digital Market Coordination Education at Nässjö akademi
2007- Member of the board, The Swedish Carnegie Institute
1997-1998 Member of the board, The National Parent Against Drugs Organization
1989-1991 Co-founder and member of the board EURAD (Europe Against Drugs)
1984- Active member of the Local Parent Against Drugs Organization

Additional information

I have been in the addiction field for thirty years and worked mostly with communication, therapeutic education and out-patient treatment. I also have a long-standing affiliation with different European NGO's in the field.

Experienced user of Microsoft Office, Word and InDesign.

Languages; Swedish as mother tongue. Fluent in oral and written English.

I have worked with translation and cultural adaption of American drug prevention methods since the early 90's. My experience with method development, quality-assurance and resarch issues also dates back to the same time period.

Author of two books. **Män, muskler och ideal** was one of the first textbooks on doping agents in Sweden and was published by the National Institute on Public Health in 1993. It sold over 30,000 copies. The second book **Promille-drick smartare** is a self-help book for risk-consumers of alcohol, and was published in August, 2014.

References

Per-Ola Thornell, former supervisor at Nämndemansgården.
Tom Frostman, former Director of International Operations, Prevention Research Institute, PRI.
Carina Bång, Coaching & Motivation Scandinavia AB

Relevant certificates and additional references on request.